



THE ENGLISH GRILL BREAKFAST

The English Grill is open for breakfast daily:

Monday to Friday
From 6.30am till 10.00am

Saturdays
From 7.00am till 11.00am

Sundays
From 7.30am till 12.00noon

CONTINENTAL BUFFET

19

Your choice from:

Cereals and Superfoods

*Cornflakes, wholegrain cereal, granola, muesli (gluten free)
Semi-skimmed milk, almond milk, coconut milk, soya milk
Linseeds, pumpkin seeds, sunflower seeds, coconut flakes,
Chia seeds, goji berries, hazelnuts, walnuts
Sultanas, banana chips, dried mango and papaya, apricots*

Meat and Cheese

*Cured Hampshire ham, Cheddar cheese, Leicester Red,
Philadelphia cream cheese, Apple and Raisin Chutney*

Bakery

*Butter croissants, wheat croissants, pains au chocolat,
pain aux raisins, bread (gluten free pastries on request)*

Healthy Options

*Yoghurt: strawberry and natural
Seasonal fruit compote
Fruit salad, orange and grapefruit segments, figs, prunes*

FULL ENGLISH BREAKFAST

23

Continental buffet and your selection from:

Free Range Eggs from Haines Farm, Berkshire

(Fried, poached, scrambled or boiled)

With

*Cumberland sausage, smoked dry aged back bacon, Mangalitzza black pudding, homemade hash brown,
Portobello mushroom, confit plum tomatoes, baked beans
(Gluten Free Bacon, Hash Browns and Sausages are available on request)*

Eggs Benedict (ham) | **Royale** (smoked salmon)

| **Florentine** (spinach)

Toasted English muffin, Hollandaise sauce

Bubble and Squeak

Poached hen's egg, Hollandaise sauce, chilli and bacon jam

Soft Boiled Eggs with Marmite Soldiers

Toasted bread

Buttermilk Pancakes or Waffles

Strawberries, blueberries, maple syrup

Oak Smoked Scottish Salmon

Scrambled egg, cream cheese, toasted bagel

Josper Grilled Sirloin Steak (9 Supplement)

Bubble and squeak hash, fried hen's egg, mushroom ketchup

HEALTHY & VEGAN (vg) OPTIONS

Porridge Oats

Mixed berry compote

Omelette

Three free range eggs or egg whites, choice of fillings

Crushed Avocado

Cape seed loaf, poached hen's egg, chilli and bacon jam

Bubble and Squeak (vg)

Sundried Tomato and Avocado

Rubens Signature Coconut Kombucha

Bircher Muesli (vg)

Granny Smith Apple, Walnuts, Raisin, Maple Syrup,

Kombucha Reduction

Due to fermentation, Kombucha is rich in probiotics

Rice Milk Pancakes (vg)

Berries and maple syrup

Houmous with Black Olive Tapenade (vg)

Sourdough Bread



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BEVERAGES

HOT

Your choice from:

Illy filter coffee
Decaffeinated Coffee
Espresso
Double Espresso
Americano
Cappuccino
Cafè Latte
Cafè Mocha
Macchiato
Hot chocolate

An assortment of tea
English Breakfast
Earl Grey
Darjeeling
Peppermint
Camomile
Long Jin Green
Rooibos

COLD

Pressed Drinks and Juices

Your choice from the buffet:

Freshly squeezed orange juice
Pink grapefruit juice
Pressed Cox's apple juice
Fresh vegetable juice
Berry smoothie

ALCOHOLIC

Buck's Fizz (Mimosa)			16
Glass of Champagne	125ml	12.5%	18
Shot of Champagne	25ml	12.5%	4
Glass of Prosecco	125ml	12.5%	11
Prosecco	750ml	12.5%	48
Champagne	750ml	12.5%	69

We only use free range eggs and are committed to using sustainable fisheries or our fish supplies.
If you are allergic to any ingredients, please inform your waiter who can provide you with a list of allergens contained within our dishes.

A discretionary 12.5% service charge will be added to your final bill. Prices are inclusive of VAT at the current standard rate.

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